

## **SKIERS**

What Level Are You?

Level A - I have never skied before. This is my first time.

Level B – I have spent a few hours skiing and can do a cautious wedge on the easiest terrain.

Level  $\mathbf{C} - \mathbf{I}$  can do slow solid wedge turns on easy terrain.

Level D – I can confidently ski on green terrain doing wedge turns.

Level E – I can ski some blue terrain using wedge turns and occasionally matching skis to parallel between turns.

Level F – I can ski parallel turns on green terrain, but I'm still cautious on blue runs. Sometimes still using the wedge to control my turns.

Level G - I ski with a hip-width parallel stance on blue runs, occasionally venturing into black groomed runs.

Level H – I can ski parallel on most any terrain and change the size of my turns easily. I have a more open stance when conditions and terrain become unexpectedly difficult.

Level I – I can ski any run, any time, in any condition. I'm thinking about a career as a ski instructor.



## **SNOWBOARDERS**

What Level Are You?

Level  ${f A}-{f I}$  have never snowboarded before, or  ${f I}$  need a refresher on the very basics.

Level B – I have snowboarded before but am only comfortable turning to one side.

Level C – I can make turns on both my heel and toe edges on green or easy blue terrain.

Level D – I can make turns on both my heel and toe edges and can easily control my speed on blue terrain.

Level  ${f E}-{f I}$  am comfortable on all terrain in all conditions.

